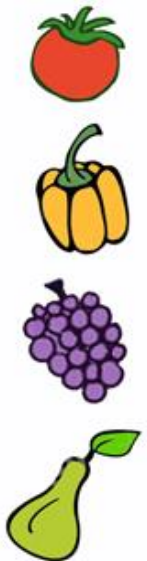
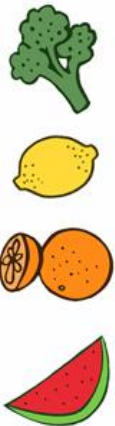


Strawberry Hill Nursery

Strawberry Hill Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit
Morning Snack	Vegetable crudités	Fresh fruit	Vegetable crudités	Vegetable crudités	Fresh Fruit
Lunch	Stir fried vegetable chow mein with egg noodles or brown rice	Corned beef hash or cheese & potato pie & cabbage	Chicken or Vegetable curry with brown rice & naan bread	Lancashire hot pot or Quorn mince hot pot with gravy & red cabbage	Fish fingers or Sausages served with potato wedges, peas & gravy
Pudding	Fresh Fruit Yoghurt	Jelly & Ice Cream	Fresh fruit salad with fresh cream	Fresh Fruit	Sponge cake with custard
Afternoon Snack	Vegetable sticks with a selection of dips	Breadsticks with vegetable chutney	Rice cakes & dips	Vegetable sticks & dips	Breadsticks & dips
Light Tea	Beans or Cheese on toast & fresh fruit	Toasted bagels with cream cheese & fresh fruit	Sandwiches with a selection of fillings & fresh fruit	Crumpets with cheese, beans & fresh fruit	Tortilla wraps & fresh fruit



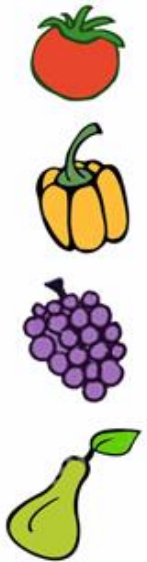
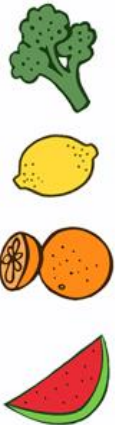
*All of our menus adhere to current Eat Better Start Better Guidelines which you can see [here](#)



Strawberry Hill Nursery

Strawberry Hill Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit
Morning Snack	Vegetable crudités	Fresh fruit	Vegetable crudités	Vegetable crudités	Fresh Fruit
Lunch	Pasta with arrabiatta or cheese sauce	Sheperd's pie or Quorn mince with carrots, swede & gravy	Chicken or Vegetable pie, sweetcorn & boiled potatoes	Sausages or fish fingers with gravy & colcannon	Roast dinner or roast Quorn dinner
Pudding	Mandarin oranges	Yoghurt with Fresh Fruit	Apple crumble with custard	Banana & custard	Apple cake
Afternoon Snack	Vegetable sticks with a selection of dips	Rice crackers	Crackers & cheese	Breadsticks & dips	Vegetable sticks & dips
Light Tea	Soup with bread & fresh fruit	Toasted bagels with cream cheese & fresh fruit	Sandwiches with a selection of fillings & fresh fruit	Soup with bread & fresh fruit	Crumpets, cheese, beans & fresh fruit

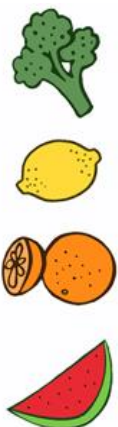


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Strawberry Hill Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit
Morning Snack	Vegetable crudité's	Fresh fruit	Vegetable crudité's	Vegetable crudité's	Fresh Fruit
Lunch	Jacket potato with various fillings, coleslaw & salad	Beef goulash or Bean goulash served with cabbage	Pasta with meatballs or Quorn balls with garlic bread & salad	Chicken or Vegetable stew with dumplings	Fisherman's pie or Cheese pie with sweet potato & sweetcorn
Pudding	Yoghurt with fresh fruit	Fresh fruit salad	Chocolate sponge with custard	Jelly & Ice Cream	Rice Pudding
Afternoon Snack	Vegetable sticks with a selection of dips	Rice crackers	Crackers & cheese	Breadsticks & dips	Vegetable sticks & dips
Light Tea	Soup with bread & fresh fruit	Tortilla wraps & fresh fruit	Crumpets, cheese, beans & fresh fruit	Toasted bagels with cream cheese & fresh fruit	Sandwiches with a selection of fillings & fresh fruit

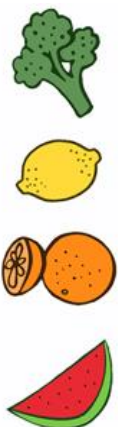


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Strawberry Hill Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit	Cereals, toast, fresh fruit
Morning Snack	Vegetable crudités	Fresh fruit	Vegetable crudités	Vegetable crudités	Fresh Fruit
Lunch	Cauliflower & broccoli bake or Tuna pasta bake with garlic bread	Chicken or vegetable chilli with rice	Beef or Vegetable stew with dumplings & mashed potato	Beef or Vegetable lasagne with garlic bread & salad	Sausages or Fish Fingers with mashed potatoes & beans
Pudding	Peaches	Jelly & Ice Cream	Yoghurt with Fresh Fruit	Fresh fruit salad with cream	Mandarin oranges
Afternoon Snack	Vegetable sticks with a selection of dips	Rice crackers	Crackers & cheese	Breadsticks & dips	Vegetable sticks & dips
Light Tea	Crumptes with cheese & beans & fresh fruit	Soup with bread & fresh fruit	Sandwiches with a selection of fillings & fresh fruit	Toasted bagels with cream cheese & fresh fruit	Soup with bread & fresh fruit



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